

Team Preparation for 2017

The Vision

We are **GiveHope2Kids**, a non-profit organization with a Children's Home in Honduras to care for orphaned and abandoned children. Our goal is to create an environment of love, security, and a stable family life, coupled with high quality education and the teaching of life skills, to produce confident, responsible, and industrious adults that will be a valuable part of their community.



Along with this primary goal of caring for children, we are working on educational and agricultural projects. These will not only benefit the future of our Children's Home, but also allow us to help our community. Currently we offer a library and English classes to our community and we are developing agricultural methods to help local farmers diversify their crops.

Our desire for volunteers is that you would join with us toward our vision. We want you to take on our goal of helping children while you are with us and see the work you do as pursuit of that goal. We also want your time with us to be valuable in opening your eyes to the world. We want you to see another culture, to see poverty, and to see simplicity. This will help you to appreciate the abundance you have and to develop a passion for helping others.



To learn more about us, please visit our website: www.GiveHope2Kids.org. We look forward to your visit!

Expectations



Our location for the Children's Home is in the beautiful Cangrejal River Valley, 20 miles south of La Ceiba, Honduras. We are surrounded by mountains and jungle. While you are here you will see gorgeous sights, including waterfalls, colorful butterflies, tropical flowers, and tropical fruits. The people here are very friendly and welcoming. You will have the opportunity to engage in meaningful work, while encountering another culture.

These wonderful qualities also come with a flip side. When visiting the tropics, you will be hot and sweaty. There are bugs and dirt here. Honduras is a developing nation, so you will see poverty around you. Since this is a different culture, the food and customs will be different from what you are used to at home. Things work on a less time-conscious schedule here and plans will change.



Your attitude is crucial to your experience on this trip. If you focus on the negative, complain, and use sarcasm, you will miss the beauty surrounding you, the chance to connect with the Hondurans, and the opportunity for personal growth. If you focus on the positive, you will have an incredible experience. Your eyes will be opened to another culture, you will be able to give to the people here, and in return, your heart for the world will grow larger. Your attitude is everything.



Packing

Due to new luggage fees from airlines, it is best to pack light. Standard suitcases can only weigh up to 50 lbs and equal 62" in size (measure and add together the height, length, and width). For carry-on items you are usually allowed one item that measures 45" and a "personal item" of up to 36". These requirements are standard for most airlines now, though you should check specifically with your airline.



We recommend bringing one change of clothes in your carry-on in case your luggage is delayed. Please remember to have your name and address inside and outside your luggage.

The temperature is usually in the high 80s during the day, going into the 70s at night. If you come between September and March you may want a long sleeve shirt or sweatshirt, as the temperature can drop into the 60s at night. This trip isn't the time to wear your expensive clothes and show off your technology gadgets. Please bring things that can get dirty and leave the valuables at home.

Modesty Code:

Shorts and skirts should touch the top of the knee. No tank-tops or low-cut shirts, but sleeveless is ok.

What Clothes to Pack:

Pack mostly work clothes (including some long pants) that can get dirty. Bring work gloves.

Bring two nicer outfits – skirts/capris and tops for females, nice jeans and polos for males.

Have a few outfits for in-between time.

Most groups enjoy cooling off in our creek, so bring some clothes for this. The dress code still applies here though, so if you wear a bathing suit, it will need to be covered up!

Please Bring:

Hiking/Working Shoes or Rubber Boots
Sandals that Stay On
Flip-Flops
Single Sheet Set, Pillowcase, & Towel
Toiletries & Prescription Medication
Water Bottle
Raincoat/Windbreaker & Hat
Bible, Journal, & Pen
Flashlight
Camera
Spending Money
Gatorade Mix (to add to water bottle)
Snacks (optional)

A Word About Technology:

We know that it's no longer realistic to say "leave your phones at home." But we wish we could. Why? Trust us, we're not anti-technology. To truly engage here though, and get the most out of your week, you need to unplug! This isn't the time for social media, work emails, music, or movies. We dare you to pretend your phone is just a camera while you're here. You'll be amazed at how much more you will get out of your trip!

